



# Eagling's Martial Arts & Fitness

## COVID SAFE SAFETY PLAN

These are recommended guidelines relevant from 1 June 2020. Formulated by Australian Taekwondo in conjunction with the AIS resumption of Sports guidelines for combat sports.

This plan will follow the Tasmania State Governments requirements as per the Road Map to Recovery issued and updated by the Tasmanian State Government

This safety plan will be reviewed on 1 January 2021 or as required.

1. The following 'in class' mandatory safety requirements are recommended:

- a) As per Tasmanian Govt requirements, from the 1<sup>st</sup> May 2021 students, parents and visitors to classes will be required to check-in using the TAS Check In app on their smart device or manually by the Instructor in charge for the training session.
- b) Children below the age of 16 must be either checked in using the app or their parents must check-in for them.
- c) In the event a participant is unable to check in themselves the Instructor will manually check them in on the TAS Check-in app.
- d) A hand cleaning station where all persons entering the class area will clean their hands
- e) A requirement that the temperature of all persons entering be tested via a forehead thermometer - persons outside of the temperature range will not be able to enter

Measurers in place during training sessions will reflect the current requirements of the State Govt. in relation to any public alerts or directions that may be in place at the time of the training session. At times of elevated risk as identified by the Tasmanian Government the following measures may be implemented to adequately protect the health and safety of our members.

- A 'single user' rule for all equipment i.e. focus pads, gloves etc may only be used by the one person in any class – all equipment will be appropriately cleaned after usage.
- When so permitted, by Government regulation, partner training can occur. Under this Policy a training partner must remain as the same person for the duration of the class (i.e. no changing training partners).
- A maximum of 20 students per class will be maintained until such time as this restriction has been re-adjusted by the Tasmanian State Government.



- Spectators to martial arts class are not allowed.
- Where possible classes will have a clearly sign-posted separate entry and exit area.
- When conducting back-to-back classes, once classes are finished there will be no entry from those attending the next class until all those in previous class have left.
- Instructors will ensure that the following items form part of my 'safety supplies':
- hand sanitisers, disinfectant mops, microfibre cloths, gloves - rated safe, paper towels.
- Instructors will ensure that cleaning and sanitising will occur before and after class and, where required during class – particular attention to be paid to bathrooms and entry doors
- Instructors will ensure that any chairs in the training area are spaced a minimum of 1.5 metres apart
- Parents dropping their children to class will not be permitted to stay in the class, if they need to remain at the venue they must wait outside the training centre.

### Temperature Testing

As per point 1 (b) of this Policy as a preventative measure all 'Covid Safe Martial Arts Schools' shall have in place a formal, proactive testing procedure. Temperature screening shall ensure that all persons with a temperature of 37.4°C or more are restricted from entry into the class.

Temperature screening will be conducted at the entrance to the class by the designated screener.

If the scanner's reading result is within the normal range of body temperature (equal to or less than 37.3°C) then it is considered safe to allow access to the location. If a person's temperature is equal to or in excess of 38°C, the designated screener must follow the procedure to manage a person with symptoms and the person will not be allowed to enter the class training area.

The designated scanner, upon recording a reading of 38 degrees or higher, shall advise the person so recorded that they must seek immediate testing for the Covid 19 virus.

Head Instructor

EAGLINGS MARTIAL ARTS AND FITNESS

,  
3<sup>rd</sup> May 2020

